



## Life Jacket-Adapted Inc. Highly Safe



## User's Guide Lj-A & Lj-C Models

Winner of 5 prizes,  
including four international



Life jacket-Adapted Inc.  
[www.PFD-A.com](http://www.PFD-A.com)

## Components

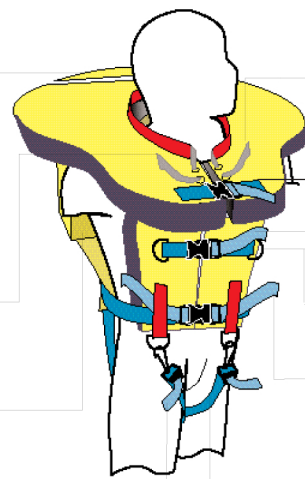
The flap behind the head **prevents water from getting** in the eyes or ears. It **reduces** pressure on the neck.

The collar keeps **the face out of the water** at all times. Thus, a child can start swimming on his or her stomach without the head ever touching the water.

The neckband cord is **very comfortable** for the throat. It adapts well to different physiques.

The back float balances the body perfectly, keeping children in the **vertical position** they prefer.

A **comfortable** harness designed like that of climbing equipment.



## Fitting

**5th** Tighten the cord until the chin is **above the floating collar**

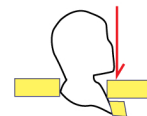
**4th Important buckle** For see buckles 1 to 3, **attach this buckle last**

**2nd** The two thoracic floats **must be touched**

Second strap of chest with hooks, optional for 135/250 only

**1st Adjust tight** The special buckle with **dual** adjustments allows a symmetrical, snug fit.

**3rd** To be tightened in the rest position. Or for the child from 16 to 45 lbs. Ideal for the foetal position and five meter jumps.



## E ffectiveness Test

**Caution:**  
Each physique reacts differently. With a conventional life jacket, people whose legs float easily and those suffering from a handicap could find it difficult to keep their head out of water. It is a good idea to carry out an effectiveness test if this is the first time that you are using the Lj-A or Lj-C :

Put on your Lj-A vest according to the steps in the **illustration above**;



**B**  
Next, lie on your stomach and push down on the front of the collar;



**C**  
Hold your breath and put your face in the water. Let the collar go and relax (see F).



**D**  
Relax your body, don't move and remain very limp;



**E**  
Let yourself transport by the Lj-A;

**F**

If the life jacket does not bring your face out of the water, after 5 seconds, evacuate the air from your lungs. After 6 seconds, if your mouth is still not out of the water, change the size of the vest.

## Other Products (see [www.pfd-a.com](http://www.pfd-a.com))



**PFD-A:** is designed for physical challenges, polyhandicap, Cerebral Palsy, etc.

- Great stability on the sides.
- Great resistance to the back spasms.
- Designed for the people who move very much, without control.
- Resist to the abrupt and involuntary reflexes.
- For the dysfunctions morphological.
- Reinforced Seams.
- Supports on the back horizontal posture.
- Excel ergonomic comfort.
- Used for physiotherapy
- Manufacture without latex, against the allergies.



**PFD-A Narrow:** for physical challenges, with the lengtened body.

- Great stability on the edges.
- Great resistance to the back spasms.
- Designed for the people who move very much, without control.
- Resist to the abrupt and involuntary reflexes.
- For the dysfunctions morphological.
- Reinforced Seams.
- Supports on the back horizontal posture.
- Excel ergonomic comfort.
- Used for physiotherapy
- Manufacture without latex, against the allergies

Life jackets for Babies and Infants:  
<http://www.lj-c.com>